



Menu

Deli / Sub Bar

Also, available for seniors and staff only, there will be a selection of...



Monday

Cheese and Tomato Pasta

Tuesday

Chicken Fillet, Mash, Veg and Gravy

Wednesday

Sausage, Mash, Veg and Gravy

Thursday

Cauliflower Cheese, Mash and Gravy

Friday

Fish, Mash and Spaghetti

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Veggie Options Daily!

For example...



Blended Diets
Week One

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P= Pescetarian

Beige dieters will have a separate menu.

Blended Diets
Week One



Menu

Deli / Sub Bar

Also, available for seniors and staff only, there will be a selection of...



Monday

Meatball Pasta

Tuesday

Chicken Curry and Mash

Wednesday

Sausage, Mash, Veg and Gravy

Thursday

Cheese, Mash and Spaghetti

Friday

Fish, Mash and Spaghetti

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Veggie Options Daily!

For example...



Blended Diets
Week Two

DF = Dairy Free; GF = Gluten Free; V = Vegetarian; P= Pescetarian

Beige dieters will have a separate menu.

Blended Diets
Week Two